

# Fetal Movements During Fetal Brain Death-Like Status

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## Abstract

The clinical features of fetal brain death syndrome include fixing of fetal heart rate (FHR) without decelerations and loss of fetal movements. Except the presence of fetal movements, the time course and outcomes of our current case are exactly the same as those in fetal brain death syndrome. A floppy female infant without detectable anomalies was delivered by cesarean section. The neonate weighed 2,782 g and Apgar scores were 0, 3 and 4 at 1, 5 and 10 minutes, respectively. An umbilical artery (UA) blood sample showed pH 7.373, PaCO<sub>2</sub> 37.5 mm Hg and base excess -3.0 mEq/L, respectively. The etiological mechanism leading to the fetal movements in the current case is not clear.

**Keywords:** Fetal brain death-like status; Syndrome; Fetal movements

## Introduction

Fetal brain death syndrome has been thought to have similar characteristics to severe hypoxic-ischemic encephalopathy *in utero* [1]. The clinical features of fetal brain death syndrome include fixing of fetal heart rate (FHR) without decelerations and loss of fetal movements [1-6]. The etiological mechanism is thought to be chronic or acute hypoxia, resulting from a pathological state such as a temporary disruption of umbilical blood flow. However, it is unknown when the fetal brain damage occurs and how it progresses in fetal brain death syndrome. Recently, we have encountered a case of severe fetal brain damage, which is exactly the same as fetal brain death syndrome [1-6]. In the case with severe brain death-like status,

however, fetal movements were observed until delivery.

## Case Report

A 28-year-old woman, gravida 1 para 0, visited our hospital for her routine prenatal care at 38 weeks and 5 days of gestation. She felt a presence of fetal movements; however, the FHR showed a fixed pattern of 150 bpm without normal baseline variabilities, accelerations or decelerations, and it did not change during uterine contractions by routinely cardiotocograms. The result of vibroacoustic stimulation test (VAST) was negative; there was no change in FHR and movements under the vibroacoustic stimulation (Fig. 1). Sonographic examination revealed normal fetal growth and amniotic fluid volume. We measured peak systolic and end-diastolic velocity in the middle cerebral artery (MCA) and umbilical artery (UA). The resistance index (RI) of UA was normal (0.48); however, the MCA showed a high diastolic blood flow velocity and the RI was at an extremely low level of 0.47, indicating a brain-sparing effect. By ultrasonography, the presence of fetal breathing movements could not be recognized with certainty; however, the fetus was seemed to repeatedly sink in the amniotic cavity and to repeatedly rebound in the reaction of reaching the bottom of the amniotic cavity. The mother felt the fetal movements repeated regularly until delivery.

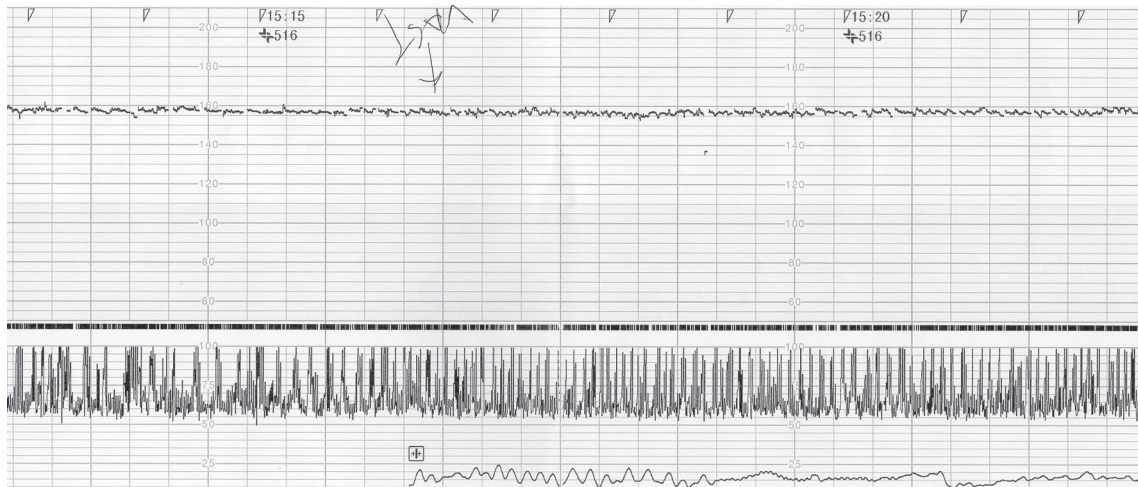
A floppy female infant without detectable anomalies was delivered by cesarean section based on an informed consent concerning the possibility of fetal brain death-like state [7]. The neonate weighed 2,782 g and Apgar scores were 0, 3 and 4 at 1, 5 and 10 min, respectively. The placenta and cord were normal. A UA blood sample showed pH 7.373, PaCO<sub>2</sub> 37.5 mm Hg and base excess -3.0 mEq/L, respectively. After endotracheal intubation and resuscitation, the infant was admitted to the neonatal intensive care unit. No spontaneous breathing or body movements, somatic or primitive reflexes, or pupillary light reflex were observed. At admission, a neonatal ultrasound examination showed that the RI was very low at 0.09 in the MCA (Fig. 2) and luxury perfusion continued. Her lactate dehydrogenase 943 IU/L and creatine kinase 199 U/L were not elevated. Electroencephalography was performed at 1 day of age and gave almost flat readings. A cerebral ultrasound examination at 8 days of age showed the presence of ventricular distention and cerebral atrophy. Therefore, the presence of

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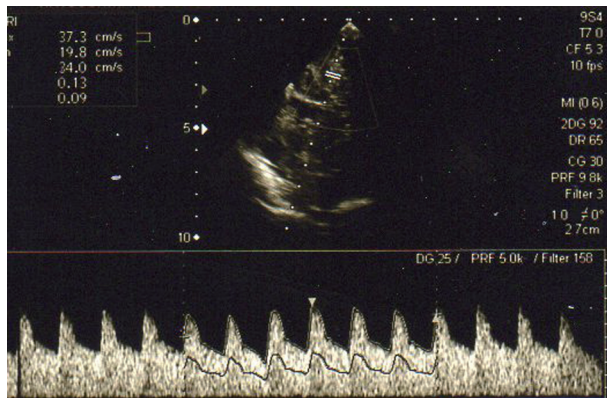
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**Figure 1.** Fixed fetal heart rate pattern of 150 bpm with fetal movements. The result of vibroacoustic stimulation test was negative.



**Figure 2.** Neonatal ultrasound examination showing the decreased resistance index of middle cerebral artery (0.09).

severe intrauterine fetal brain damage was confirmed.

## Discussion

Except the presence of fetal movements, the time course and outcomes of our current case are exactly the same as those in fetal brain death syndrome reported previously [1-6]. The clinical features of fetal brain death syndrome include fixing of FHR and loss of any fetal movements. In the current case, however the fetus was seemed to repeatedly sink in the amniotic cavity and to repeatedly rebound in the reaction of reaching the bottom of the amniotic cavity. It was a simple and repeated movement looking like decerebrate and/or primitive reflexes. Unfortunately, we did not record the video of these

fetal movements. The etiological mechanism leading to the fetal movements in the current case is not clear. We image that it is a little previous state of complete fetal brain death. To clarify the development of fetal brain death syndrome, the accumulation of similar case reports is needed.

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